



Supporting families' in Northamptonshire  
affected by another's substance misuse

## I Matter Too Youth Project

Family Support Link are delighted to offer a Wellingborough-based Youth Group project aimed at our clients aged 11-17. In addition to facing the usual teenage challenges, our young clients' lives are impacted by others' drug or alcohol use.

The aim of the 'I matter too' project is to give them access to peer support, the opportunity to develop new skills, nurture talents and most importantly have fun! Young clients will be invited to attend a weekly Tuesday group from 19:00-21:00 on a 12-week rolling programme and project coordinators Caroline Coles, Jody Ryan and Ellie Bromiley are looking forward to the next programme beginning on 12<sup>th</sup> September 2017.

We will then create a waiting list for subsequent sessions according to the dates below.

**If you feel that this group would benefit any of the young people you work with, please contact us at [fslcontact@yahoo.co.uk](mailto:fslcontact@yahoo.co.uk) or by calling 01933 224632**

NB Candidates do **not** need to be existing clients of FSL but must be affected by someone else's drug / alcohol misuse and they must be able to get to Wellingborough on Tuesday evenings as sadly transport cannot be provided.

### FSL Structured Group Sessions June 17 to June 18

#### **Session 1**

Jun-17	13th	20	27		
Jul-17	4	11	18	25	
Aug-17	1	8	15	22	29

#### **Session 2**

Sep-17	12	19	26		
Oct-17	3	10	17	24	31
Nov-17	7	14	21	28	

#### **Session 3**

Jan-18	2	9	16	23	30
Feb-18	6	13	20	27	
Mar-18	6	13	20		

#### **Session 4**

Apr-18	3	10	17	24	
May-18	1	8	15	22	29
Jun-18	5	12	19		

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